



Flint Women's Forum

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Issue 9

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Words from the President



Dear Ladies,

Welcome to Spring!! I hope you all had a wonderful Easter and are ready to greet our wonderful spring weather. (Hope it stays for a while.)

We are gearing up for our April Event that will be held on the 23rd at the Flint Golf Club. I know at times it's hard to make the meetings but it is so important to everyone that we all come as often as possible.

Getting to know each other and how we can help each other in our networking is one of the main purposes of the FWF.

Remember you need to mail your reservations in to Kathy along with your check. I think it will be a wonderful time for all and am looking forward to seeing you all there.

A woman is the full circle.
Within her is the power to create, nurture and transform.

~ Diane Mariechild ~

May we all create, nurture and transform each other. Have a lovely month and hope to see you all on the 24th.

Mona Hendrickson

Mona Hendrickson

President, Flint Women's Forum

Our Mission

The Flint Women's Forum brings together people of professional achievement and influence. Through educational programs and the exchange of ideas, experiences and resources, the members contribute to one another's professional advancement, increase the visibility of women leaders and facilitate the effectiveness of women in the community.

The Sharing Section – *Submission Deadline is the 3rd Friday of the Month*

Earth Day-Every Day!!

On April 22, we will celebrate the 40th anniversary of the first Earth Day. Those were the days of Woodstock, Mama Cass, and paisley bell bottoms, and only one company was making safe, green products- Shaklee. We now know that petro-chemicals and artificial fragrances in household cleaners, laundry products and personal care products are polluting our bodies and harming our health, and then washing down our drains to pollute our water, soil, and every living creature downstream- chemicals do not go away! By switching to biodegradable, natural products, you can reduce your risk of cancer, birth defects, and numerous health problems, while cleaning up the planet. During April and May, I am offering specials on the Get Clean line of Shaklee products. I would love to show you how to save money, save your health, and save the planet. - Marilyn Alvey.

New Women's Golf League.

The Executive Women's Golf Association (EWGA) of Genesee County is offering a women's golf league at beautiful IMA Brookwood Golf Club. It is a 14 week **Tuesday** league beginning **May 18 at 5:45 pm**. To enroll, call 810-742-2188. **You do not need to be a EWGA member to enjoy the fun!**

"Cooking & Comedy" Women2Women Event.

Women2Women Michigan Magazine is hosting "Cooking & Comedy" on Thursday, May 13 from 6 - 10 pm at the Flint Institute of Arts. International Chef "Besh" of Cameo Event Planners will be whipping up some fabulous creations during the cooking demonstration. Leslie Charles, certified public speaker and author of "Why is everyone so cranky," and "Bless your stress" will take the stage to make you laugh. She's funny, inspirational and clever. This will be a phenomenal night out for couples, mother/daughter/sister and friends. It is just in time for Mother's Day and will make a great gift. The evening will begin with food and wine. Recipe cards will be available for all the selections on the strolling buffet table.

Maynard's will be providing the clothing for the strolling fashion show. Other vendors will be available with the latest for spring 2010. There are only 6 booths available, so called today if you are interested. 810.694.2326.

Tickets for the event are 35.00 and are available online at women2womenMichigan.com

Applewood Estate.

Applewood's grounds and gardens are open to the public May 16 from 10am to 4pm. Donations are welcomed for the Food Bank of Eastern Michigan.

Shaklee and Earth-Day.

In 1959 the word pollution became known and in 1969 pollution became an issue. Shaklee Corp. started to combat this problem making the first biodegradable earth friendly product, called Basic H, a safe, non-toxic household cleaner, with no phosphates, no borates or chemicals that are harmful to the planet. Shaklee's Green Line of household products will not only save you \$\$, but will reduce your risk of numerous health issues, as there are NO ingredients that are hazardous to your health. That is something everyone should be

thinking about. Because of Earth Day, I am offering an extra ordinary special on our "Get Clean" line. Ask to try our free Cleaning Bucket. - Elaine Scherba.

Regional Chamber Networking Opportunities.

The business community is invited to the Genesee Regional **Chamber of Commerce After Hours Connection**. This month's meeting is set for 5-7pm Wednesday April 21 at Buffalo Wild Wings on Linden Rd. Complimentary hors d'oeuvres, beer and wine are included.

The Regional Chamber 2010 B2B Expo is Thursday April 29, 2010 from 11am to 6pm at the Perani Arena. Free admittance with your business card.

Annual Letter Carrier Food Drive Saturday, May 8th.

Did you know nearly 40,000 children in Genesee County receive free meals at school? Or that 2500 students receive backpacks full of food each Friday to get them through the weekend? On Saturday May 8th, the annual nationwide Letter Carriers Food Drive will be taking place. This is the last big push for donations of non perishable food items to local food banks to prepare for schools summer break. It is crucial to kids and senior adults that this food drive is a successful drive. You can help by setting out non perishable food items by your mailbox for your letter carrier to pick up on Saturday May 8th. Please remind your families, friends, co-workers and neighbors. Your donation of non perishable food items can make a huge difference in a child's life. If you would like further information, call Cindy Cromwell, Community Service labor Liaison, United Way of Genesee County at 762-5827.

Community News Bits:

The refurbished Durant is scheduled to be completed July 31st.

Community Foundation of Greater Flint has been named a silver award winner for excellence in communications by the 2010 Wilmer Shields Rich Awards Program.

The *new* Genesee Regional Women's Hall of Fame will honor outstanding women in our community. This years inductees: Sybyl Atwood, Dr Gladys Beckwith, Dolores Ennis, Ladies Library Association of Flint, Margaret Eliza McLaren, Ruth Rawlings Mott. The Sloan Museum will be the permanent location for the new Women's Hall of Fame.

Forum Meeting

Our Annual meeting - "Celebration of Women":

When: Friday, April 23, 2010 at Noon

Where: Flint Golf Club

Cost: \$25

Guest Speakers: Karen Gatlin and Angie Hendershot of ABC 12

Lunch Choice: Special luncheon salad with or without chicken.

Contact: Kathy Rometty at (810) or email Kathy at k_rometty@hotmail.com

Last Month's Meeting In Review:

Last month's meeting was held March 16th at the Sarvis Center. Our guest speaker was Tiffany Flynn; Dale Kildee's Chief of Staff and 2008 Athena Award winner.

Upcoming Meetings:

May 18th's speaker will be Mayor Dayne Walling. June 15th's meeting will include a self defense demonstration.

Website www.flintwomensforum.org

Membership

Recruitment Incentives

Building our membership strengthens the resources of the Flint Women's Forum and increases the networking benefit for all members. As an incentive for membership recruitment, any member who sponsors a new member is entitled to a certificate good for one free lunch at a regular meeting. Certificates are distributed upon new member induction.

April/May Birthdays

- **Mona Hendrickson - April 3**
- **Kimberley Buster-Williams - April 22**
- **Pam Bishop - May 1**
- **Janette Sullivant - May 1**



April/May Anniversaries

- **Valerie Bradley - 4 Years**
- **Roxanne Caine - 4 Years**
- **Jenean Kleinedler - 20 Years**
- **Kathryn Sharbaugh - 5 Years**

Member News

Do you have news to share or know some news about a fellow FWF member? This section is used for celebrating notable accomplishments, special occasions, and recognition. Please send details to Membership Chair or Newsletter Editor. See below for contact information.

Sustaining Membership

To recognize past membership involvement and a continued desire to be supportive of the Forum and its mission, a sustaining membership level was developed. Benefits and requirements for this membership level include:

1. Members in good standing of the FWF for a minimum of three years (not necessarily consecutive).
2. Must pay an annual membership fee of \$45.00.
3. Must have the ability to attend two monthly meetings per year at the member rate; additional meetings will be at the visitor rate.
4. Will be included in the member directory and identified as a 'Friend of the Flint Women's Forum'.

Our Board Members

President (810) 877-4293	Mona Hendrickson monalynnh@yahoo.com
President-Elect (810) 342-4477	Sherry Stewart sherryst@mclaren.org
Past President (810) 579-5000 x709	Valerie Bradley valw@deecramer.com
Secretary (810) 424-5541	Kimberley Buster-Williams kbwill@umflint.edu
Treasurer (810) 762-9960, x105	Kathy Rometty K_rometty@hotmail.com
Program Chair (810) 342-4087	Roxanne Caine roxannec@mclaren.org
Membership Chair (810) 235-7274	Ellen Brothers ebrothers@bbbsflint.org
Public Relations Chair (810) 625-6042	Michelle Cherveney cherv16@yahoo.com
Editor (810) 249-7060	Diane Wojciechowski dwojo@imarecreation.org
Member at Large (810) 742-0932	Lori Tomlinson tomlinsondesign@comcast.net

Board Notes

The April FWF Board meeting was held noon, April 6th at the Flint Golf Club. Meeting hi-lights follow.

- o Final details for April's Celebration of Women event.

- Review of membership. Lunches to continue at Flint Golf Club at current rate.
- Preliminary discussion about next year's presenters.
- Completion of FWF handbook.
- Board and member of year nominations have been sent for vote.

FOCUS

Karen McIntosh, pending Editor

FOCUS is a monthly publication of Flint Women's Forum. Submissions are welcomed and appreciated. Please send entries to Karen McIntosh, 1130 E Main St, Flushing MI 48433, or email: kmcintosh@gchd.us