



## **Inside this Issue of Focus**

<i>Words from the President</i>	<i>page 1</i>	<i>Website</i>	<i>page 3</i>
<i>Our Mission</i>	<i>page 2</i>	<i>Membership News</i>	<i>page 3</i>
<i>Sharing Section</i>	<i>page 2</i>	<i>Sustaining Members</i>	<i>page 4</i>
<i>Forum Meeting</i>	<i>page 3</i>	<i>Our Board Members</i>	<i>page 4</i>
		<i>Board Notes</i>	<i>page 4</i>

## **Words from the President**

### **THE BUZZ FROM BEVERLY**

Frost is in the air. Gifts are being bought and wrapped. Candies and cookies fill our offices. Family members are making plans to come home for the holidays! This is the wonderful time of year when people give more from their hearts and pockets to help others.

The buzz for the month of December is coming from children all over the world wishing for their favorite toy from Santa. Yesterday I watched Oprah's infamous "Favorite Things" show where members of her studio audience were given a brand new refrigerator valued at more than \$3,000, among other valuable gifts. So have you given any thought to your favorite things? Allow me to share a few of mine that I've found to be rewarding, ten-fold. And the best thing is that they don't cost a dime.

- A pat on the back for a job well done. This is infectious and people often tend to pay-it-forward.
- An encouraging word from a subordinate. This is especially valuable when you have feelings of self-doubt, as we always sometimes do.
- Moral support from a coworker during a family crisis. For example, if you know a family who has a loved one in the military, put your level of compassion in high gear.

All of these things help create harmony in the workplace and reduce the stress that comes along with the season. If we are all cognizant of the little things that add value to the climate of our workplaces, imagine what a wonderful place it would be.

May your holiday season be productive, harmonious and filled with all of your favorite things!

*Beverly Brown*  
*President, Flint Women's Forum*

## **Our Mission**

The Flint Women's Forum brings together people of professional achievement and influence. Through educational programs and the exchange of ideas, experiences and resources, the members contribute to one another's professional advancement, increase the visibility of women leaders and facilitate the effectiveness of women in the community.

## **The Sharing Section**

– *Submission Deadline is the 4<sup>th</sup> Tuesday of the Month*

➤ **IMA Winter Bridal Show Celebrates 10<sup>th</sup> Anniversary!**

Getting married soon or know someone who is? Then the IMA's 10<sup>th</sup> Annual Winter Bridal Show is the place to be! Presented by IMA Golf Club & Banquet Center and sponsored by The Flint Journal, the show will be held on Saturday, January 5 at the beautiful IMA Brookwood Golf & Banquet Center in Burton. For only \$3.00 per person, guests will enjoy a bridal buffet, prizes and giveaways, discounts and fashion shows! Fashion shows at noon and 2 p.m., presented by David's Bridal and M.W. Tux will showcase the latest fashions for brides and grooms worn by professional models. Guests can sample a buffet of wedding reception cuisine prepared by IMA Brookwood Golf & Banquet Center catering specialists who will be on hand with menu planning ideas. A wedding cake tasting will be a featured attraction this year presented by local wedding cake designers. All proceeds from the event will benefit the IMA Children's Recreation Fund, which provides recreational programs and opportunities for children and families throughout Genesee County. IMA Brookwood Golf & Banquet Center is at 6045 Davison Road (corner of Davison and Belsay Roads) in Burton, Michigan. For vendor and show information, contact Diane Wojciechowski at (810) 249-7060, e-mail [dwojo@flintima.org](mailto:dwojo@flintima.org) or log onto [www.imarecreation.org/BridalShow](http://www.imarecreation.org/BridalShow).

➤ **Get Well Adjust for 2008! Anderson Hamo Chiropractic** is offering a December special – \$25 spinal adjustment. New patients receive first adjustment at no charge, including first-time consultation, exam and x-rays. FWF member, Dr. Tera Hamo, provides professional expertise in the areas of Chiropractic adjustments, soft tissue mobilization, nutrition counseling and Massage Therapy. Call.....for more information.

➤ Let **Avon** be your source for holiday ideas, great gift deals and convenient shopping. Visit Lynn Barbee's website, [www.youravon/lynnbarbee](http://www.youravon/lynnbarbee) to place an order and have the items shipped directly to your home or office. Lynn is also available by phone and email: 810-743-1036; [lookbeautifulwithavon@yahoo.com](mailto:lookbeautifulwithavon@yahoo.com).

➤ Let us expand our life ~ University of Michigan **Outreach Classes** are online and in your community! Classes include Ballroom Dancing, Introduction to Computers, Healthy Cooking, etc. For further information, call (810) 767-7030. To register online: <http://www.umf-outreach.edu/outreach/amaizing.htm>

## **Forum Meeting - Special December Notice!**

Each December, the Flint Women's Forum is invited to attend the **Flint Golf Club's annual Women's Holiday Shopping Day**. This event takes the place of the Forum's formal December membership meeting. This year, the special luncheon and shopping event will be held on **Wednesday, December 5, from 11:00 a.m. to 2:00 p.m.** The cost is **\$18.50 per person**, and includes a buffet lunch, standard beverage and a mimosa, as well as the gratuity. As in past years, we will need everyone to make a reservation and pay prior to the event.



The Forum is charged for every reservation regardless of attendance. **Please call or e-mail Tera Hamo Anderson at (810) 877-5858** to confirm your attendance and any guests you plan to bring. Your payments should be mailed to **P.O. Box 13287, Flint, 48501** by **Nov. 28**. We hope to see all of you for fun, food and fellowship on Dec. 5!

## **Website**

Visit our website. [www.flintwomensforum.org](http://www.flintwomensforum.org)

## **Membership**

### Recruitment Incentive

Building our membership strengthens the resources of the Flint Women's Forum and increases the networking benefit for all members. As an incentive for membership recruitment, any member who sponsors a new member is entitled to a certificate good for one free lunch at a regular meeting. Certificates are given upon new member induction.

### Birthdays

- Dian Stephens – December 21

### Anniversaries

- Anita Abrol – 10 years
- Lois Revenaugh – 13 years



## Membership Benefits

Sheree Blazejewski and Mona Henderickson, both Financial Advisors, would like to offer 401(k) analysis to help FWF members properly allocate funds within their plan. Just contact either one of us, a call or fax your statement and we will be happy to look at it for you.

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## Sustaining Membership

To recognize past membership involvement and a continued desire to be supportive of the Forum and its mission, a sustaining membership level was developed.

Benefits and requirements for this membership level include:

1. Members in good standing of the FWF for a minimum of three years (not necessarily consecutive).
2. Must pay an annual membership fee of \$45.00.
3. Must have the ability to attend two monthly meetings per year at the member rate; additional meetings will be at the visitor rate.
4. Will be included in the member directory and identified as a 'Friend of the Flint Women's Forum'.

## Our Board Members

President – Beverly Brown .....(810) 760-1444..... [brownbev@gasc.flint.k12.mi.us](mailto:brownbev@gasc.flint.k12.mi.us)  
Past President – Teri Irland-Munley ..(810) 762-5404..... [teri.irland@abnamro.com](mailto:teri.irland@abnamro.com)  
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## Board Notes

- Refer to November newsletter for current board meeting information.

***FOCUS***

Ellen Brothers, Editor

**FOCUS** is a monthly publication of Flint Women's Forum. Submissions are welcomed and appreciated. Send to Ellen Brothers, 2560 Tyrone St, Flint MI 48504, or email: [ebrothers@bbbsflint.org](mailto:ebrothers@bbbsflint.org)