



Our Mission

The Flint Women's Forum brings together people of professional achievement and influence. Through educational programs and the exchange of ideas, experiences and resources, the members contribute to one another's professional advancement, increase the visibility of women leaders and facilitate the effectiveness of women in the community.

Words from the President

Greetings To All!

Hopefully, all of you had a chance to participate in some aspect of Flint's Sesquicentennial Celebration in September. There were many wonderful events taking place and much to be proud of and hopeful about for the future of our community. Two of my favorites were visiting the Applewood Estate during their Apple Fest open house, and attending the grand opening of the Flint Institute of Art. The weekend included something for everyone and no one should have been sitting at home thinking there is nothing to do in Flint! It is exciting to think about what progress lies ahead of us.

Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence. ~ Helen Keller

Turning to this month it is a little difficult to keep up with all the different awareness themes, but October is particularly meaningful for women. It is Breast Cancer Awareness and Domestic Violence Awareness month! Both focus on saving the lives of women. Whether you evaluate your own health needs, or you extend support to finding a cure or ending the violence, take some time to learn even more than you do now about both causes and participate in some way. Together, our actions and resources will strengthen the quality of life for women!

~ Ellen Brothers

The Sharing Section – *Submission Deadline is the 4th Tuesday of the Month*

- The YWCA will host the **7th Annual Circle of Women** luncheon on **November 9, 2005**, 11:30am – 1:30pm. This inspirational event is designed to demonstrate how the YWCA impacts the lives of individuals. Table Captains recruit nine guests who are asked to donate to the YWCA at the conclusion of the event. This year, LaSalle Bank is generously underwriting the entire expense of the luncheon so all guest donations are used 100% to strengthen the programs and services of the YWCA.

Circle of Women brings together both long-term supporters and women learning about the YWCA for the first time. Together, they commit to sharing their resources to strengthen the

YWCA's capacity to touch the lives of women and their families in important and far-reaching ways.

Betty Bennett and Stacey Doyle are hosting a Flint Women's Forum table. If you are interested in attending, please contact Betty at (810) 577-9572 or Stacey Doyle at (810) 516-2086 by October 21st.

- If you need a student for an Internship or can spend some time with a student who would be "**Job Shadowing**", please contact: Janet Roberts - Technology Coordinator @ GASC Technology Center by phone (810) 760-1444 Ext. 201 or email roberjan@gasc.flint.k12.mi.us. Or contact Jeff Newcombe - Computer Hardware Tech. Instructor @ GASC Technology Center by phone (810) 760-1444 Ext. 128 or email newcojef@gasc.flint.k12.mi.us.
- **Senior Health Expo** to be held at Holiday Inn Gateway Center on **Friday, Oct. 28th** from 9 AM to 3 PM. Exhibitors, health screenings, flu shots, seminars and lots of other activities. Admission is free. If you are interested in being an exhibitor contact Shelley Boros at The Flint Journal, 810.766.6271.
- Jenean Klinedler has started selling and supporting a new CRM (Customer Relationship Management) Software – **Infotrac Software**. For more information contact Jenean Klinedler @ 810-230-0300 or via email @ jenean@tedge.com.
- **Standard Federal Bank** has changed its name to **LaSalle Bank Midwest!**. There are no other changes taking place – our headquarters will remain in Troy, MI, all people and policies will remain unchanged. LaSalle Bank, our sister bank headquarters in Chicago, operating in 23 states.
- Flint Area Chamber of Commerce is accepting applications from WOMEN business owners to participate in the **Athena Powerlink Program**. The Women's Business Council runs this program. It is designed to assist the business owner in taking their company to the next level. It is not for "start up" businesses and certain criteria must be met. Call Kramer Ruth Kramer at (810) 232-7101 for more information.
- Planned Parenthood of East Central Michigan, Inc. is offering **sexuality education** for significant (m) others & growing up daughters. There is a program for pre-teen ages 9-13 and another for 14 –18. The classes are ongoing – please call (810) 238-3631, ext. 332 to register.
- Let us expand our life ~ University of Michigan **Outreach Classes** are online and in your community! Classes include Ballroom Dancing, Introduction to Computers, Healthy Cooking, etc. For further information, call (810) 767-7030. To register online: <http://www.umf-outreach.edu/outreach/amaizing.htm>
- Get support for your business – whether your business is existing or just in your head! Contact the **Small Business & Technology Development Center** at (810) 767-6494 for individual assistance and workshops. This center is operated through the University Outreach, University of Michigan – Flint.

Website

Visit our website. **We now have monthly newsletters posted on-line.** We want to know what you think. www.flintwomensforum.org

Membership

As an incentive for membership recruitment, any member who sponsors a new member is entitled to a certificate good for one free lunch at a regular meeting. Certificates are given upon new member induction.

Please welcome our newest member . . .

➤ Betty Huotari, Owner at Logical Placement Sponsored by Lois Revenaugh

Birthdays

➤ Jean Carl

Anniversaries

- Sara Jo Gallock – 2 yrs.
- Teri Irland-Munley – 2 yrs.
- Jennifer Tremaine – 2 yrs.

Sustaining Membership

In recognition of this commitment, previous membership, and continued desire to be supportive of the Forum and its mission, we have a new category of membership: Friend of the Flint Women's Forum.

Requirements for joining this category and attendant benefits include:

1. Must have been a member in good standing of the FWF for a minimum of three years (not necessarily consecutive).
2. Must pay an annual membership fee of \$45.00.
3. Must have the ability to attend two monthly meetings per year at the member rate; additional meetings will be at the visitor rate.
4. Will be included in the member directory and identified as a 'Friend of the Flint Women's Forum.'

Our Board Members

President – Ellen Brothers	(810) 238-7621	ellenbrothers@ywcaflint.org
President Elect – Teri Irland Munley	(810) 762-5404	teri.irland@abnamro.com
Past President – Sheree Blazejewski	(810) 733-8907	sheree.blazejewski@ubs.com
Secretary – Kathy Zanstra	(810) 767-0136	kathy@mfo.com
Treasurer – Sara Jo Gallock	(810) 233-3130	sara.jo.gallock@abc.com
Membership – Lois Revenaugh	(810) 766-6161	lrevenaugh@flintjournal.com
Program Chair – Sherry Collins	(810) 342-1058	sherryc@mclaren.org
Public Relations – Pam Bishop	(810) 233-3130	bishopp@abc.com
Editor – Jamie Cowan	(810) 238-4617	jcowan@lewis-knopf.com
Member At Large - Betty Bennett	(810) 577-9572	bettyboop48506@comcast.net

Board Notes

➤ **Notes from the Treasurer - Sara Jo Gallock**

- FWF Has An Official Address! The Flint Women's Forum has invested in a post office box to minimize interruptions and more efficiently expedite communication and business! Our official address is:

Flint Women's Forum, PO Box 13287, Flint MI 48501-3287

- Mail can be sent to the attention of specific members, but requires at minimum all of the above information. For example, placing "**Attn: Sara Jo Gallock**" under Flint Women's Forum and then the remainder of the address is sufficient.

➤ **Notes from the Secretary - Kathy Zandstra**

- At the September 13th Board Meeting the Board approved a budget for the 2005-2006 fiscal year. This budget will be presented to the membership at the October meeting. Sara Jo is doing a great job updating our financial records. She is currently in the process of transferring the records to an Excel Program.
- A new Audit Committee is being formed to review the past 2 years financial records.
- Planning for the April "Celebration of Women" program will begin in October. If you have any suggestions for a speaker please contact Sherry Collins.
- Pam Bishop has compiled a list of key contacts. If you have anyone you would like added to this list for future mailings please send them to Pam.
- In October new Membership Directories will be sent out. Future updates will be e-mailed.
- Coming soon... new magnetic name badges.

Forum Meeting

When: *Tuesday, October 18 – noon*

Where: *Flint Golf Club*

Speaker: *Dawn Reha, Chief Executive Officer Girl Scouts Fair Winds Council*

Theme: *Girls' Issues, Media Messages, and Girls' Economic Empowerment*

Menu: *Chicken Tortellini or Vegetable Pasta*

Cost: *\$17.00 for members and \$19.00 for guests. It is essential that you RSVP to Sara Jo Gallock at (810) 233-3130.*

Note of Thanks

The Flint Women's Forum would like to recognize Lewis & Knopf, CPAs for their help in the printing of our newsletter.

FOCUS

Jamie Cowan, Editor
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FOCUS is a monthly publication of Flint Women's Forum. Submissions are welcomed and appreciated. Send them to Jamie Cowan, 5206 Gateway Ctr., #100, Flint, MI 48507, fax to (810) 238-5083, or email to jcowan@lewis-knopf.com