



# Flint Women's Forum

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Issue 3

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## Words from the President

If you missed our September Luncheon, you missed a real treat. Our speaker was Mary Ellen Sheets, founder of the company, Two Men & a Truck. Mary Ellen described the transformation of her company from a very small enterprise being run out of her mother's garage to the multinational success that it is today. Upon meeting Mary Ellen, and hearing her story, I was really taken by the humility that she displayed. "I did what anyone would do when the opportunity presents itself" was one remark I heard her say. But I believe that Mary Ellen does not give herself enough credit. Not everyone is able to see the opportunity, let alone seize it! Many of the women in our Flint Women's Forum are also exceedingly humble about their own accomplishments. Why do we, as women, often downplay our accomplishments as something "anyone would do"? Would our male counterparts offer the same reflection on the successes in their lives? I cannot say that I know the answer to these questions, but what I do know for certain is that when I meet each new member and hear her story, I am inspired and energized. The power and impact that we can, and do, generate is truly remarkable and we all should be proud of what we have accomplished in our lives and of the challenges that we have overcome. And I suppose a little humility never hurts.

Warm regards,

~ Teri

## Our Mission

The Flint Women's Forum brings together people of professional achievement and influence. Through educational programs and the exchange of ideas, experiences and resources, the members contribute to one another's professional advancement, increase the visibility of women leaders and facilitate the effectiveness of women in the community.

## The Sharing Section

– Submission Deadline is the 4<sup>th</sup> Tuesday of the Month

- **Free Breast Cancer Screenings** will be held on **Tuesday, October 17, 2006** at the Great Lakes Cancer Institute – McLaren at 4100 Beecher Road. The event is scheduled from 6

p.m. – 7 p.m. and conducted on a walk-in basis. For more information, please call (810) 766-8898.

- ***Making Strides Against Breast Cancer*** will be held on **Saturday, October 14** at Mott Community College. Join Genesee County residents as they unite in the fight against breast cancer during the American Cancer Society's eighth annual Making Strides Against Breast Cancer walk. Registration for this non-competitive event begins at 7:30AM with the walk beginning at 9AM. For more information, contact the American Cancer Society at 1-800-ACS-2345 or online at [www.cancer.org](http://www.cancer.org).
- ***Sing For Safe House - Cocktails & Karaoke*** will be held on **Wednesday, October 18, 6 - 10:00PM** at the Purple Moon Restaurant & Entertainment Center. Local celebrities and wannabees will sing Karaoke to benefit the YWCA's domestic violence and sexual assault services. Event includes food buffet, cash bar and raffles. Tickets are \$20 in advance or \$25 at the door. See Pam Bishop for tickets!
- The Flint Jewish Federation is hosting its **17<sup>th</sup> Annual Riegler Event** to benefit resettlement and acculturation efforts of the Jewish Community Services on **October 18, 2006**. The event will be held at the Flint Institute of Arts at 5:30 p.m. For more information, please contact Yuliya Gaydayenko at (810) 767-5922 or via email [ygaydayenko@tm.net](mailto:ygaydayenko@tm.net).
- ***Senior Health Expo*** will be held **Friday, October 27, 2006** at the Holiday Inn Gateway Centre from 9 a.m. – 3 p.m. Admission is free, Health screenings, speakers, etc. Vendor space is available. For more information, please contact Lois Revenaugh at (810) 767-6161 or via email [lrevenaugh@flintjournal.com](mailto:lrevenaugh@flintjournal.com).
- ***Annual "Interceding for Children" Fundraiser Dinner*** will be held **Saturday, November 11, 2006** @ Holiday Inn Gateway Centre at 6 p.m. There will be a fashion show and the children will perform. Ticket Price is \$30.00 Raffle prizes include: 1<sup>st</sup> – 27" flat screen TV, 2<sup>nd</sup> \$100 Gas card, and 3<sup>rd</sup> \$30 gift certificate for Speakeasy's. For more information, please contact Shirley Cochran at (810) 424-9555 or via email [scoc736955@aol.com](mailto:scoc736955@aol.com).
- ***Women's Exchange Group*** is hosting an event to encourage women to network with one another and learn about each other's business. Most people would agree that women like doing business with other women. Our information and registration is on our website [www.womens-exchangewe.com](http://www.womens-exchangewe.com). The event is being held on **Nov. 14** from 6-9pm at the Coyote Preserve Golf Club in Fenton. All revenue is being donated to Dress for Success out of Flint and the deadline to register is Oct. 31. The fee to attend is \$25. If you have any questions regarding the event, please call Betty Huotari at 810-348-1772 or send an email to [betty@logicalplacement.com](mailto:betty@logicalplacement.com).
- It's that time of year again when we can help the **Salvation Army collect "Coats for Kids."** If you have a gently worn or new coat you would like to donate, please drop your donations off at Salvation Army, Genesee Valley Center, Courtland Center, Absolutely the Best Cleaners, or The Missing Sock. Contact Pam Bishop or Sara Jo Gallock for more details.
- Let us expand our life ~ University of Michigan **Outreach Classes** are online and in your community! Classes include Ballroom Dancing, Introduction to Computers, Healthy

Cooking, etc. For further information, call (810) 767-7030. To register online: <http://www.umf-outreach.edu/outreach/amaizing.htm>

## **Forum Meeting**

**When:** *Tuesday, October 17 – noon*

**Where:** *The Flint Golf Club*

**Speaker:** *Sue Mangapora, RN from the Skin Renewal Clinic*

**Theme:** *Sue Mangapora will discuss non-invasive, non-surgical face and body treatments*

**Menu:** *Meatless Choice-Baked cheese tortellini with palmino sauce (creamy tomato sauce, Roasted pork loin with root vegetable has (carrots, potatoes, sweet potatoes, celery root and red onions) with maple jus, and Salad du Jour*

**Cost:** *\$17.00 for members and \$19.00 for guests. It is essential that you RSVP no later than Noon on the Friday prior with Pam Bishop by phone (810) 341-6462 or via email [pam.s.bishop@abc.com](mailto:pam.s.bishop@abc.com)*

## **Membership**

### Newest members . . .

- *Shirley Cochran*, Executive Director and Founder of Motherly Intercession. Sponsored by *Ellen Brothers*

### Member News . . .

- *Shelly Hoffman* is now with The Univerisity of Michigan – Flint as the Major Gift Officer. Her new email address is [shelhof@umflint.edu](mailto:shelhof@umflint.edu) and her telephone is (810) 767-2155.

## Recruitment Incentive

As an incentive for membership recruitment, any member who sponsors a new member is entitled to a certificate good for one free lunch at a regular meeting. Certificates are given upon new member induction.

## Birthdays

- Annetta Tobias – October 12<sup>th</sup>

## Anniversaries

- Pam Bishop – 3 yrs.
- Sara Jo Gallock – 3 yrs.
- Teri Irland Munley – 3 yrs.
- Jennifer Termaine – 3 yrs.



## Membership Benefits

Sheree Blazejewski and Mona Henderickson, both Financial Advisors, would like to offer 401(k) analysis to help FWF members properly allocate funds within their plan. Just contact either one of us a call or fax your statement and we will be happy to look at it for you.

### *UBS Financial Services has merged with Smith Barney, Inc*

Sheree Blazejewski  
Financial Advisor  
UBS Financial Services  
[sheree.blazejewski@ubs.com](mailto:sheree.blazejewski@ubs.com)  
(810) 733-8907 (p)  
(810) 733-8927 (f)

Mona Hendrickson  
Financial Consultant, Financial Planning Specialist  
Smith Barney Inc.  
[mona.l.hendrickson@smithbarney.com](mailto:mona.l.hendrickson@smithbarney.com)  
(810) 230-2922 (p)  
(810) 733-6122 (f)

## **Sustaining Membership**

In recognition of this commitment, previous membership, and continued desire to be supportive of the Forum and its mission, we have a new category of membership: Friend of the Flint Women's Forum.

Requirements for joining this category and attendant benefits include:

1. Must have been a member in good standing of the FWF for a minimum of three years (not necessarily consecutive).
2. Must pay an annual membership fee of \$45.00.
3. Must have the ability to attend two monthly meetings per year at the member rate; additional meetings will be at the visitor rate.
4. Will be included in the member directory and identified as a 'Friend of the Flint Women's Forum.'

## **Website**

Visit our website. [www.flintwomensforum.org](http://www.flintwomensforum.org)

## Our Board Members

President – Teri Irland-Munley.....(810) 762-5404..... [teri.irland@abnamro.com](mailto:teri.irland@abnamro.com)  
President Elect – Beverly Brown.....(810) 760-1444..... [brownbev@gasc.flint.k12.mi.us](mailto:brownbev@gasc.flint.k12.mi.us)  
Past President – Ellen Brothers.....(810) 235-7274..... [ebrothers@bigbrothersbigsistersflint.org](mailto:ebrothers@bigbrothersbigsistersflint.org)  
Secretary – Kathy Zandstra.....(810) 767-0136..... [kathy@mfo.com](mailto:kathy@mfo.com)  
Treasurer – Sara Jo Gallock.....(810) 233-3130..... [sara.jo.gallock@abc.com](mailto:sara.jo.gallock@abc.com)  
Membership – Lois Revenaugh.....(810) 766-6161..... [lrevenaugh@flintjournal.com](mailto:lrevenaugh@flintjournal.com)  
Program Chair – Sherry Stewart.....(810) 342-4477..... [sherryst@mclaren.org](mailto:sherryst@mclaren.org)  
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Member At Large – Gloria Koster.....(810) 732-6000..... [gloria@coopercom.com](mailto:gloria@coopercom.com)

## Board Notes

- **Beverly Brown** is this year's FWF Athena Nominee.
- **Mona Richardson** has graciously volunteered to take over as Membership Chair.
- The Board Meetings are scheduled for the first Tuesday of the month, at the Flint Golf Club at noon.

## **FOCUS**

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**FOCUS** is a monthly publication of Flint Women's Forum. Submissions are welcomed and appreciated. Send them to Jamie Cowan, 5206 Gateway Ctr., #100, Flint, MI 48507, fax to (810) 238-5083, or email to [jcowan@lewis-knopf.com](mailto:jcowan@lewis-knopf.com).