



# Flint Women's Forum

Volume 24

November, 2005

Issue 4

## Our Mission

The Flint Women's Forum brings together people of professional achievement and influence. Through educational programs and the exchange of ideas, experiences and resources, the members contribute to one another's professional advancement, increase the visibility of women leaders and facilitate the effectiveness of women in the community.

## Words from the President

Greetings To All!

As we welcome November, the inevitable is at hand...the holiday season is upon us, winter is looming, and the year is nearly at a close. Enjoying these last few months can pose a real balancing act. Our guest speaker for November will focus us towards reducing stress, which will be useful now and into the New Year. In considering the past year, it seems there have been an inordinate amount of international and national occurrences that have posed a less than optimistic view for many. The year began on the heels of a tragic tsunami, the Iraq war has persisted, the hurricanes are devastating and seem never ending, and the economic climate is a continual dismal forecast. In light of these situations, I encourage everyone to focus on the positive markers that aid us all in our resiliency. It has been especially uplifting to witness the selfless display of concern and giving from one stranger to another in such desperate times.

In the spirit of Thanksgiving, lets especially extend our appreciation at the Flint Women's Forum to those who have been so generous to us as a group. We have been very fortunate to maintain our meetings at the Flint Golf Club for several years now and the staff and chef have been very accommodating and present a great culinary experience; our meetings are hosted at the Flint Golf Club through the membership and generosity of Lois Revenaugh; and many of our printing needs and costs have been offset by McLaren Regional Medical Center as coordinated by Sherry Collins and produced by John Tracy in the Art Department. Please help me in thanking each of them for their support and belief in the well-being and purpose of the Flint Women's Forum!



Happy Thanksgiving!

~ Ellen Brothers

**The Sharing Section** – Submission Deadline is the 4<sup>th</sup> Tuesday of the Month

- Technical Edge Inc. celebrates 20 years in business in 2005. ***Your Magazine*** will have an article in their magazine – November technology issue.
- If your organization is looking for a different type of fundraiser call bd's Mongolian barbeque and ask about the "Guest Griller Program". Call the restaurant at (810) 732-1132 or contact Betty Bennett at (810) 577-9572.
- If you need a student for an Internship or can spend some time with a student who would be "***Job Shadowing***", please contact: Janet Roberts - Technology Coordinator @ GASC Technology Center by phone (810) 760-1444 Ext. 201 or email [roberjan@gasc.flint.k12.mi.us](mailto:roberjan@gasc.flint.k12.mi.us). Or contact Jeff Newcombe - Computer Hardware Tech. Instructor @ GASC Technology Center by phone (810) 760-1444 Ext. 128 or email [newcojef@gasc.flint.k12.mi.us](mailto:newcojef@gasc.flint.k12.mi.us).
- Jenean Klindedler has started selling and supporting a new CRM (Customer Relationship Management) Software – ***Infotrac Software***. For more information contact Jenean Klindedler @ 810-230-0300 or via email @ [jenean@tedge.com](mailto:jenean@tedge.com).
- ***Standard Federal Bank*** has changed its name to ***LaSalle Bank Midwest!***. There are no other changes taking place – our headquarters will remain in Troy, MI, all people and policies will remain unchanged. LaSalle Bank, our sister bank headquarters in Chicago, operating in 23 states.
- Flint Area Chamber of Commerce is accepting applications from WOMEN business owners to participate in the ***Athena Powerlink Program***. The Women's Business Council runs this program. It is designed to assist the business owner in taking their company to the next level. It is not for "start up" businesses and certain criteria must be met. Call Kramer Ruth Kramer at (810) 232-7101 for more information.
- Planned Parenthood of East Central Michigan, Inc. is offering ***sexuality education*** for significant (m) others & growing up daughters. There is a program for pre-teen ages 9-13 and another for 14 –18. The classes are ongoing – please call (810) 238-3631, ext. 332 to register.
- Let us expand our life ~ University of Michigan ***Outreach Classes*** are online and in your community! Classes include Ballroom Dancing, Introduction to Computers, Healthy Cooking, etc. For further information, call (810) 767-7030. To register online: <http://www.umf-outreach.edu/outreach/amaizing.htm>
- Get support for your business – whether your business is existing or just in your head! Contact the ***Small Business & Technology Development Center*** at (810) 767-6494 for individual assistance and workshops. This center is operated through the University Outreach, University of Michigan – Flint.

## **Website**

Visit our website. [www.flintwomensforum.org](http://www.flintwomensforum.org)

## **Membership**

As an incentive for membership recruitment, any member who sponsors a new member is entitled to a certificate good for one free lunch at a regular meeting. Certificates are given upon new member induction.

### **Birthdays**

- Anita Abrol
- Bev Brown
- Sherry Collins
- Ruth Kramer

### **Anniversaries**

- Jamie Cowan – 4 yrs.
- Kaygie Goggins – 1 yr.
- Katherine Zandstra – 1 yr.



## **Sustaining Membership**

In recognition of this commitment, previous membership, and continued desire to be supportive of the Forum and its mission, we have a new category of membership: Friend of the Flint Women's Forum.

Requirements for joining this category and attendant benefits include:

1. Must have been a member in good standing of the FWF for a minimum of three years (not necessarily consecutive).
2. Must pay an annual membership fee of \$45.00.
3. Must have the ability to attend two monthly meetings per year at the member rate; additional meetings will be at the visitor rate.
4. Will be included in the member directory and identified as a 'Friend of the Flint Women's Forum.'

## **Our Board Members**

President – Ellen Brothers .....	(810) 238-7621 .....	<a href="mailto:ellenbrothers@ywcaflint.org">ellenbrothers@ywcaflint.org</a>
President Elect – Teri Irland Munley .....	(810) 762-5404 .....	<a href="mailto:teri.irland@abnamro.com">teri.irland@abnamro.com</a>
Past President – Sheree Blazejewski .....	(810) 733-8907 .....	<a href="mailto:sheree.blazejewski@ubs.com">sheree.blazejewski@ubs.com</a>
Secretary – Kathy Zandstra .....	(810) 767-0136 .....	<a href="mailto:kathy@mfo.com">kathy@mfo.com</a>
Treasurer – Sara Jo Gallock .....	(810) 233-3130 .....	<a href="mailto:sara.jo.gallock@abc.com">sara.jo.gallock@abc.com</a>
Membership – Lois Revenaugh .....	(810) 766-6161 .....	<a href="mailto:lrevenaugh@flintjournal.com">lrevenaugh@flintjournal.com</a>
Program Chair – Sherry Collins .....	(810) 342-1058 .....	<a href="mailto:sherryc@mclaren.org">sherryc@mclaren.org</a>
Public Relations – Pam Bishop .....	(810) 233-3130 .....	<a href="mailto:bishopp@abc.com">bishopp@abc.com</a>
Editor – Jamie Cowan .....	(810) 238-4617 .....	<a href="mailto:jcowan@lewis-knopf.com">jcowan@lewis-knopf.com</a>
Member At Large - Betty Bennett .....	(810) 577-9572 .....	<a href="mailto:bettyboop48506@comcast.net">bettyboop48506@comcast.net</a>

## **Board Notes**

- **Notes from the Secretary - Kathy Zandstra**
  - The budget was presented to Board and approved at The October 18 luncheon. We have two possibilities for speakers at the April event and would welcome any suggestions from the membership.
- **Notes from the Program – Sherry Collins**
  - Just a friendly reminder that the December meeting is our annual Christmas event at the Flint Golf Club's Holiday Shopping Luncheon. The date is December 7<sup>th</sup> and the cost is \$25.00.

## **Forum Meeting**

**When:** *Tuesday, November 15 – noon*

**Where:** *Flint Golf Club*

**Speaker:** *Maureen Bosker*

**Theme:** *Ways to eliminate the stress in our lives (just in time for the holidays)*

**Menu:** *Turkey Panini Sandwich or Wild Mushroom Risotto*

**Cost:** *\$17.00 for members and \$19.00 for guests. It is essential that you RSVP to Sara Jo Gallock at (810) 233-3130.*

## **Note of Thanks**

The Flint Women's Forum would like to recognize Lewis & Knopf, CPAs for their help in the printing of our newsletter.

### **FOCUS**

Jamie Cowan, Editor  
5206 Gateway Centre, Suite 100  
Flint, MI 48507

**FOCUS** is a monthly publication of Flint Women's Forum. Submissions are welcomed and appreciated. Send them to Jamie Cowan, 5206 Gateway Ctr., #100, Flint, MI 48507, fax to (81 \_\_\_\_\_ m