



Flint Women's Forum

Volume 23

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Issue 5

Our Mission

The Flint Women's Forum brings together people of professional achievement and influence. Through educational programs and the exchange of ideas, experiences and resources, the members contribute to one another's professional advancement, increase the visibility of women leaders and facilitate the effectiveness of women in the community.

President's Scribbles

Hello Ladies:

It is hard to believe we are already 5 years past the millennium. Remember when everyone was storing water and canned goods...

The Board of the Flint Women's Forum is very excited about starting the New Year. We finished the last quarter of 2004 with five very strong new members and look forward to expanding our membership even further in 2005.



You will notice a few additions to the table each month. You may have already noticed the 'Recommend a Member' cards that will continue to be available. Now there will also be a 'Recommend a Topic' card. This card is to share ideas that you have enjoyed from other seminars or presentations. This will keep our Program Chair from having to reinvent the wheel and come up with topics that others would enjoy as well.

Lastly, our Treasurer, Lin Baumbach is thinking ahead as usual. If anyone thinks they might be interested in taking on this Board position at election time, Lin would like to meet with you ahead of time so the transition goes smoothly. Lin has worked diligently at putting together a very organized system for our books and wants to see that it will be easy for someone else to take over.

Have a great month, everyone!

~ Sheree W. Blazejewski

The Sharing Section

- Flint Area Chamber of Commerce is accepting applications from WOMEN business owners to participate in the *Athena Powerlink Program*. The Women's Business Council runs this program. It is designed to assist the business owner in taking their company to the next level. It is not for "start up" businesses and certain criteria must be met. Call Kramer Ruth Kramer at (810) 232-7101 for more information.
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- **Bridal Show** with over 35 vendors in the Bridal Business is **January 15, 2005** in the Atrium of the Great Lakes Technology Center from 11:00 a.m. to 4 p.m. Two fashion shows at 12:30 and 2:30 p.m. All proceeds benefit the Children's Recreational Fund to provide recreational and educational programs for kids in Genesee County. For more information, contact Diane Wojciechowski @ (810) 249-7060.
- Planned Parenthood of East Central Michigan, Inc. is offering **sexuality education** for significant (m) others & growing up daughters. There is a program for pre-teen ages 9-13 and another for 14 –18. The classes are ongoing – please call (810) 238-3631, ext. 332 to register.
- Let us expand our life ~ University of Michigan **Outreach Classes** are online and in your community! Classes include Ballroom Dancing, Introduction to Computers, Healthy Cooking, etc. For further information, call (810) 767-7030. To register online: <http://www.umf-outreach.edu/outreach/amaizing.htm>
- Get support for your business – whether your business is existing or just in your head! Contact the **Small Business & Technology Development Center** at (810) 767-6494 for individual assistance and workshops. This center is operated through the University Outreach, University of Michigan – Flint.

Membership

As an incentive for membership recruitment, any member who sponsors a new member is entitled to a certificate good for one free lunch at a regular meeting. Certificates are given upon new member induction.

New Members – Please welcome our newest members into the Forum and special thanks to the members that sponsored them.

✚ **Diane Wojciechowski with IMA of Flint sponsored by Pam Bishop**

✚ **Kaygie Goggins with IMA Children's Recreation Fund sponsored by Betty Bennett**

Sustaining Membership

In recognition of this commitment, previous membership, and continued desire to be supportive of the Forum and its mission, we have a new category of membership: Friend of the Flint Women's Forum.

Requirements for joining this category and attendant benefits include:

1. Must have been a member in good standing of the FWF for a minimum of three years (not necessarily consecutive).
2. Must pay an annual membership fee of \$45.00.
3. Must have the ability to attend two monthly meetings per year at the member rate; additional meetings will be at the visitor rate.
4. Will be included in the member directory and identified as a 'Friend of the Flint Women's Forum.'

Forum Meeting

When: Tuesday, January 18 – noon

Where: Bonaparte's Banquet Center

Speaker: Jodi Wollitz

Theme: Jodi is the chef and owner of Delish! Dinners-Personal Chef Service. Jodi understands the need for local professionals to find a healthy alternative to fast food and the preservative laden pre-packaged mixes/convenience foods that many busy people feed to their families. In 2002, Jodi began filling this need by providing a service that includes menu planning, grocery shopping, and cooking healthy homemade meals in the safety and privacy of her client's homes. Jodi is a member of several professional organizations including: Personal Chefs Network (currently serves on the network's advisory council as recipe development coordinator), Women Chefs and Restaurateurs, and Certified Safe Food Handler (ServSafe) via Michigan Restaurant Association.

Menu: Italian Buffet, which includes: Baked Mostaccioli, Vegetable Lasagna, California Blend Vegetables, Garlic Parmesan Breadsticks, and Antipasto Salad.

Cost: \$17.00 for members and \$19.00 for guests. It is essential that you RSVP to Lin Baumbach at (810) 238 – 4617 ext. 209.

Standing List

Lin Baumbach

Betty Bennett

Pam Bishop

Sheree Blazejewski

Ellen Brothers

Kathy Condon

Sherry Collins

Jamie Cowan

Sara Jo Gallock

Diana Hedderman

Teri Irland-Munley

Jenean Kleinedler

Lois Revenaugh

Janette Sullivant

Annetta Tobias

Adrienne Wells

RSVP to FWF Luncheons

Members who are not on the standing list need to **RSVP by calling Lin Baumbach at (810) 238-4617, ext. 209 before the Friday before the luncheon meeting.** If she is unavailable, please leave her a voicemail with your name, the name(s) of any guests, and luncheon selections (if applicable).

Members who are on the standing list do not need to RSVP unless they cannot attend. **Cancel by calling Lin Baumbach at (810) 238-4617, ext. 209 before the Friday before the luncheon meeting.** Members on the standing list will be charged for missed meetings, if a cancellation is not received timely.

Website

Visit our website. **We now have monthly newsletters posted on-line.** We want to know what you think. www.flintwomensforum.org

Board Members

- President – Sheree Blazejewski(810) 733-8907..... sheree.blazejewski@ubs.com
- President Elect – Ellen Brothers(810) 238-7621 ellenbrothers@ywcaflint.org
- Past President – Betty Bennett.....(810) 577-9572..... bettyboop48506@comcast.net
- Secretary – Teri Irland Munley.....(810) 762-5404..... teri.irland@abnamro.com
- Treasurer – Lin Baumbach.....(810) 238-4617..... lbaumbach@lewis-knopf.com
- Membership –Lois Revenuagh(810) 766-6161..... lrevenaugh@flintjournal.com
- Program Chair – Sherry Collins.....(810) 342-1058..... sherryc@mclaren.org
- Public Relations – Pam Bishop.....(810) 233-3130..... bishopp@abc.com
- Editor – Jamie Cowan.....(810) 238-4617..... jcowan@lewis-knopf.com
- Member At Large - Kathy Condon.....(810) 733-9532..... kathyc@mclaren.org

Note of Thanks

The Flint Women’s Forum would like to recognize Lewis & Knopf, CPAs for their help in the printing of our newsletter.

FOCUS

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FOCUS is a monthly publication of Flint Women’s Forum. Submissions are welcomed and appreciated. Send them to Jamie Cowan, 5206 Gateway Ctr., #100, Flint, MI 48507, fax to (810) 238-5083, or email to jcowan@lewis-knopf.com