



Flint Women's Forum

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Issue 3

This Issue of Focus

Words from the President page 1
Our Mission page 2
Sharing Section page 2-3
Forum Meeting page 3
Website page 3

Membership News page 3-4
Sustaining Members page 4
Our Board Members page 4-5
Board Notes page 5

Words from the President



Hi Ladies:

"Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead."

—Louisa May Alcott

As we rush into fall Ms Alcott's words make me think of the colors of trees turning and children running thru neighborhoods dressed as ghosts and goblins and such. I love the autumn, so many changes.

Our lives are full of changes, if we flow with the changes in a positive manner they can enhance our lives. If we always fight the changes they can stress us out and make us feel crazy. So I hope all of your changes go smoothly and enrich your lives. May they be as colorful as the autumn leaves and as bright and brisk as the fall air.

I hope you can all make the meeting on the 20th; come and see if our speaker and meeting with your 'sister' members can create changes in your life.

Mona Hendrickson, President FW

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President, Flint Women's Forum

Our Mission

The Flint Women's Forum brings together people of professional achievement and influence. Through educational programs and the exchange of ideas, experiences and resources, the members contribute to one another's professional advancement, increase the visibility of women leaders and facilitate the effectiveness of women in the community.

The Sharing Section – *Submission Deadline is the 3rd Friday of the Month*

ABC12 is again partnering with the Salvation Army and WIOG for the Coats for Kids project.

We are collecting new or gently used coats for kids and adults. In addition, we will accept hats, scarves and mittens. If you have a coat you would like to donate, please bring it to the October or November meeting or drop it off at one of the following locations:

- Genesee Valley Center
- Courtland Center
- Absolutely the Best Cleaners
- FedEx Kinko's Office Print Center
- Salvation Army
- All Halo Burger Locations

If you're unable to donate a coat and would still like to help, the Salvation Army will take cash donations. Make your check payable to Salvation Army and put "coat project" in the memo line.

The FIA will host the 2nd Annual "Art on Tap" Beer Tasting Event on Sat., Oct. 24th from 4pm-9pm. \$20/Members & \$25/Non-members. In partnership with: John P. O'Sullivan Distributing, Inc. & Tom Ryan Distributing Co., Inc. An outdoor celebration on the grounds of the Flint Institute of Arts featuring import and craft beers, food, entertainment and a silent auction. Advanced ticket purchase recommended. Limited ticket availability. 21 & over please.

Half-Off Sale at Goodwill Industries, Saturday, October 24, 2009 from 9am to 8pm.

Half off everything at all 16 of locations! Store hours may vary so please call your individual locations for exact times.

Boys & Girls Club of Greater Flint Steak Dinner will be held on Thursday, October 22 from 6-8pm at the Boys & Girls Club located at 3701 N. Averill Ave. in Flint. The club's annual award will be given to the Detroit Shock and head coach Rick Mahorn. For ticket information, please contact Teri Irland Munley at teri.irland@bankofamerica.com or call (810) 762-5404.

Flint Institute of Arts News – October 2009**In the Galleries:**

Flint Institute of Arts presents: **Flashback: Posters from the Golden Age of Rock & Roll**, through November 8; **Graphic Beauty: Contemporary Rock & Roll Posters**, through November 8; **Claudia DeMonte: Everyday Matters**, through November 8. For details, call 810.234.1695 or visit flintarts.org.

At the Cinema:

Seraphine, October 23, 24, 25; **Let the Right One In**, October 29, 30, 31; **Shall We Kiss**, October 30, 31 & November 1. For details, call 810.234.1695 or visit flintarts.org.

Forum Meeting

When: Tuesday, October 20, 2009 12:00 noon

Where: Flint Golf Club

Cost: \$17 Members and \$20 Guests

Guest Speaker: Anne LaFriniere, Life Architects (anne@mylife-architect.com)

Lunch Choice: Panko Chicken with zesty melba sauce, whipped sweet potatoes and summer squash OR Mushroom Strudel with tossed field greens

Contact: Lori Tomlinson at (810) 742-0932 or email lori@tomlinsonadvertising.com

Website www.flintwomensforum.org

Membership**Recruitment Incentive**

Building our membership strengthens the resources of the Flint Women's Forum and increases the networking benefit for all members. As an incentive for membership recruitment, any member who sponsors a new member is entitled to a certificate good for one free lunch at a regular meeting. Certificates are distributed upon new member induction.

October Birthdays

- None this month!

October Anniversaries

- Pam Bishop - 6 Years
- Sara Jo Gallock - 6 Years
- Colleen Mansour - 3 Years
- Teri Irland Munley - 6 Years



Member News

Do you have news to share or know some news about a fellow FWF member? This section is used for celebrating notable accomplishments, special occasions, and recognition. Send details to Membership Chair or Newsletter Editor. See below for contact information.

Sustaining Membership

To recognize past membership involvement and a continued desire to be supportive of the Forum and its mission, a sustaining membership level was developed. Benefits and requirements for this membership level include:

1. Members in good standing of the FWF for a minimum of three years (not necessarily consecutive).
2. Must pay an annual membership fee of \$45.00.
3. Must have the ability to attend two monthly meetings per year at the member rate; additional meetings will be at the visitor rate.
4. Will be included in the member directory and identified as a 'Friend of the Flint Women's Forum'.

Our Board Members

President (810) 877-4293	Mona Hendrickson monalynnh@yahoo.com
President-Elect (810) 342-4477	Sherry Stewart sherryst@mclaren.org
Past President (810) 579-5000 x709	Valerie Bradley valw@deccramer.com
Secretary (810) 424-5541	Kimberly Buster-Williams kbwill@umflint.edu

Treasurer (810) 762-9960, x105	Kathy Rometty K_rometty@hotmail.com
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Editor (810) 249-7060	Diane Wojciechowski dwojo@imarecreation.org
Member at Large (810) 742-0932	Lori Tomlinson tomlinsondesign@comcast.net

Board Notes

The October FWF Board meeting was held on Tuesday, October 6, 2009 at Flint Golf Club in Flint at 12:00 noon.

FOCUS

Diane Wojciechowski, Editor

FOCUS is a monthly publication of Flint Women's Forum. Submissions are welcomed and appreciated. Send to Diane Wojciechowski, 6045 Davison Road, Burton MI 48509, or email: dwojo@imarecreation.org